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If you have any questions, please email us at <a href="mailto:info.recreation@ubc.ca">info.recreation@ubc.ca</a> or call us at 604 822 6000







# **Program Contact Details**

### **Location**

**Student Recreation Centre** 

6000 Student Union Blvd Vancouver, BC V6T 1Z1

## **Hours of Operation**

- Monday Friday: 6:30 AM 11:00 PM
- Saturday Sunday: 9:00 AM 10:00 PM
- Holidays: Visit the holiday hours page for updates
- \*All dates/times are subject to change

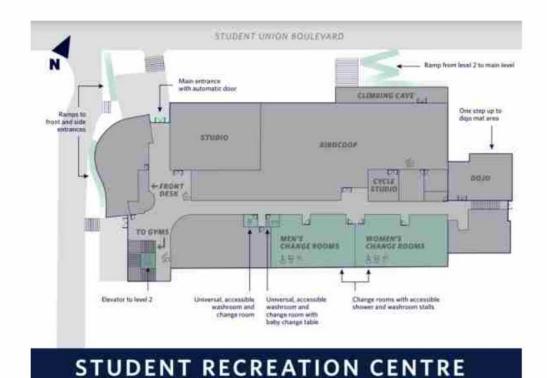
#### **Contact Name**

- Operations Manager for SRC: Nathan
  - Overseer of drop-in sports program





# Step by Step How to Use Program



- 1. Check the hours of operation before arriving
- 2. Arrive at the SRC
- 3. Go to Operations Centre counter
  - 1. Show UBC ID or pay a drop in fee
  - 2. Wear the provided wristband at all times
  - 3. Bring equipment or rent equipment with a valid ID
- 4. Go to the 2<sup>nd</sup> floor via elevator or stairs to Gym 1
- 5. Have fun!



Main Level

# **General Program Details**

### **Drop-in Overview**

- Entry is first-come, first-serve
- Venue capacity is 30 people
- If capacity is met, wait in the SRC lobby and add your name to the waitlist

### What Can I Do At Drop-in?

- 1. Singles matches (1-v-1)\*
- 2. Doubles matches (2-v-2)\*
  - a. Doubles should be played during peak times
- 3. Focus on independent skills



<sup>\*</sup>Participants must rotate off the court when their match is finished or after 15 minutes of playing

# **Specific Program Details**

### **Gym Set-Up**

- 4 badminton courts available
- Net heights are pre-set
  - Can be altered to pickle ball height by front desk staff upon request

### **Drop-in Schedule**

- Typically first slot is 6:45 AM
- Last slot differs each day of the week
- Weekends vary

\*Please note that the schedules are subject to change due to unexpected circumstances

## **Drop-in Cost**

- Free for all UBC students, faculty, staff, and CSC & UNA residents
- Otherwise drop-in fee is \$6



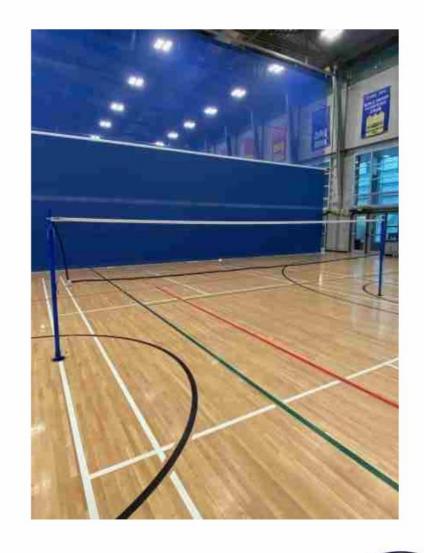
# **Program Rentals**

## **Equipment Rental**

- Badminton racquets
- Shuttlecocks (bright colours available)
- 12 wheelchairs

### **Locker Rental**

- Hourly use lockers
  - In exchange of a piece of ID all individuals can rent lockers for up to 3 hours
- Day use lockers
  - Available for \$0.25 or \$1 depending on the size of the locker





# **Gym Rules**

- 1. All participants are required to check in at SRC desk and wear the provided wristband during drop-in sports activity
- 2. Participants should remain in the gym that they signed into
- 3. Clean indoor shoes are required
- 4. No food or drink permitted in gymnasiums, except water







# Features of Accessibility & Inclusivity

## **Facility**

- Ramps leading to North and West SRC entrances
- Ramp from 2<sup>nd</sup> floor to main floor
- Automatic door at North entrance
- Elevator to the 2<sup>nd</sup> floor of SRC to access gymnasiums
- Full and half seated showers in changerooms
- 2 single-user washrooms (1 with a baby change table)
- Large accessible washroom stalls with slide locks







# Features of Accessibility & Inclusivity

## **Program/Activity**

- No pre-registration required, come anytime during drop-in hours
- Free for all UBC students and staff
- Free equipment rentals available
- Free locker rentals for everyone
- Come solo or come with friends
- Flexible, self-lead drop-in time
- Play a game or work on your skills





## **Inclusion Attendant Form**

**Have a care attendant?** Fill out this form so we can ensure you can participate to your fullest

- A care attendant is a 1 to 1 support person necessary for an individual to be able to fully participate
  - Ex: care aide, health care assistant, behavioural interventionist
- Care attendants will be provided complimentary access to support individuals

Form can be found here:

https://forms.recreation.ubc.ca/inclusion-attendant/







## **How to Get Here**

## **Parking**

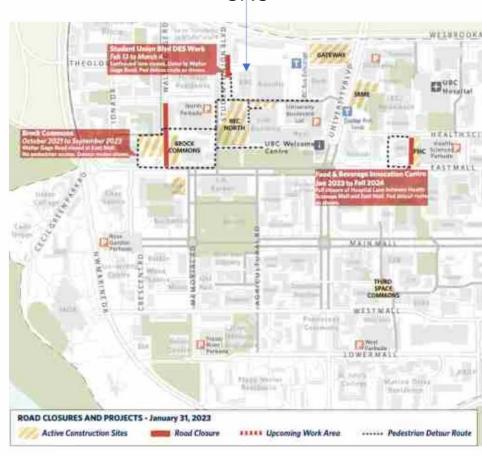
- North Parkade
  - 2 minute walk to SRC
  - Disability parking stalls

\*Currently, access to **North Parkade** and drop-off along Student Union Boulevard is limited due to construction

 Temporary alternative, park at University Blvd Lot or drop-off along University Boulevard

### **TransLink**

- R4, 44, 84, and 99 express busses run directly to UBC campus
  - · Relative flat ground
  - 3 minute walk to SRC



SRC

(2023 Road Closures and Parking Information)



### 1. UBC Accessibility Shuttle

- Free, shared ride service for people with conditions that impact their mobility
- Operates Monday to Friday
  - 9:00 AM to 4:30 PM
  - Last ride of the day is 4:10 PM
- 16 stop locations
  - Closest stop to SRC: North Parkade

More questions? Contact info.accessibility@ubc.ca or 604 822 5844



#### UBC ACCESSIBILITY SHUTTLE STOP LOCATIONS (PILOT)

NORTH PARKADE

At west end of Student Union Boulevard Curder the shatter?

2. LEARNERS' WALK

Off Enamers' Walk just east of the Indian Residential School History and Dialogue Centre (IRSHDC)

KOERNER LIBRARY

At north end of the Library just off Main Mail

5. FLAGPOLE PLAZA

At northwest corner of Rappole Raza near elevator to Rose Garden Perhade.

6. MEMORIAL PARKING LOT

At southeast comer of West Mail and Memorial Road, across from walkings to 2nd level of the Fraser

7. FIRST NATIONS LONGHOUSE

Publick Complicate by leading parie on Lower Mail, reservativacy to Compliance Lower Mail entrance

South of parking lot outside Marine Drive Residence Building #4, near The Foot Gell

On West Mail, at south end of Swing Space Building (word to 4th level parkade end)

On west side of Mars Mail at walkway to Henry Argus Building main doors

On west side of Main Mail at walkway to Neville Scarle Building main doors.

in west side of Main Mail of worth and of Earth Sciences Substrip

On west side of Main Mail at walkway to the southend of H. R. Macmiliae building

On Engineering Road in front of Hugh Dempster Paintien entrance

Off Health Sciences Mail across the street from the parkade at pick-up/drop off area wents UBC

16. ROBERT H. LEE ALUMNI CENTRE

(UBC Accessibility Shuttle Stop Locations)





(68 Bus Route Map - UBC Exchange)

### 2. Translink #68 UBC/Wesbrook Village Bus Route

- Bus route specific to UBC/Wesbrook Village area
- Wheel chair accessible
- Operates everyday
  - Weekdays: 12:15 AM to 11:55 PM
  - Weekends: 8:00 AM to 11:55 PM
- 13 stop locations
  - Closest stop to SRC: UBC bus loop

More questions? Contact 604.953.3333



## 3. HandyDART

- TransLink's door-to-door, shared-ride service for people who are unable to navigate conventional public transit without assistance
- Operates everyday
  - Weekdays: 8:00 AM to 6:00 PM
  - Weekends: 8:30 AM to 4:30 PM
- Pick Up/Drop Off: HandyDART vehicles only stop at designated spots within major hospitals, colleges, and other popular locations

More questions? Contact <a href="mailto:handydartservice@translink.ca">handydartservice@translink.ca</a> or 604.953.3680



### 4. Parking permit for people with disabilities (PWDs)

- Designated parking allows PWDs to have access to buildings and services in the community and across BC
- PWDs are entitled to a parking permit as long as they are driving or being transported in the vehicle

### People who qualify for parking permits may:

- 1. Require additional width beside designated parking spaces to get in and out of their vehicle with a wheelchair
- 2. Use crutches, a cane or another mobility aid
- 3. Need to park close to building entrances as their health prevents them from walking far distances

More questions? Contact <a href="mailto:permits@sparc.bc.ca">permits@sparc.bc.ca</a> or <a href="mailto:604-718-7744">604-718-7744</a>



## Help Us, Help You

### **Inclusive Feedback Form**

We have a lot of work to do to make our programs and facilities more accessible to all. Please share any questions, comments, and feedback you have that will assist in growing a more inclusive space. Your voice is integral to building a better tomorrow!

Form can be found here:

https://recreation.ubc.ca/home/inclusive-rec/inclusivityaccessibility-feedback-form/



#### Inclusive Feedback Form

We know that we have lots of work to do when it comes to making our facilities, programs, and staff entirely inclusive. Please fill out the form below for any questions, comments, or feedback about inclusivity at UBC Recreation. Participant feedback is an integral part of growing our inclusive culture.

#### to the following a second fill the second to the second

inclusivity & Accessibility reedback form		
Feedback and comments for inclusivity at UBC Recre	ation	
Date of visit *		
T		
Which facility/program did you participate in? *		
Haw often do you visit this facility? *		
Please provide your feedback, question, or commer	it below: *	
Name		
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## **Para Badminton**

### What is para badminton?

An adapted form of badminton with similar rules

### Who can participate in para-badminton?

 Individuals with orthopaedic impairments, paraplegia, quadriplegia, hemiplegia, cerebral palsy, degenerative neurological disorders, neurological disabilities

## Is para badminton an internationally recognized sport?

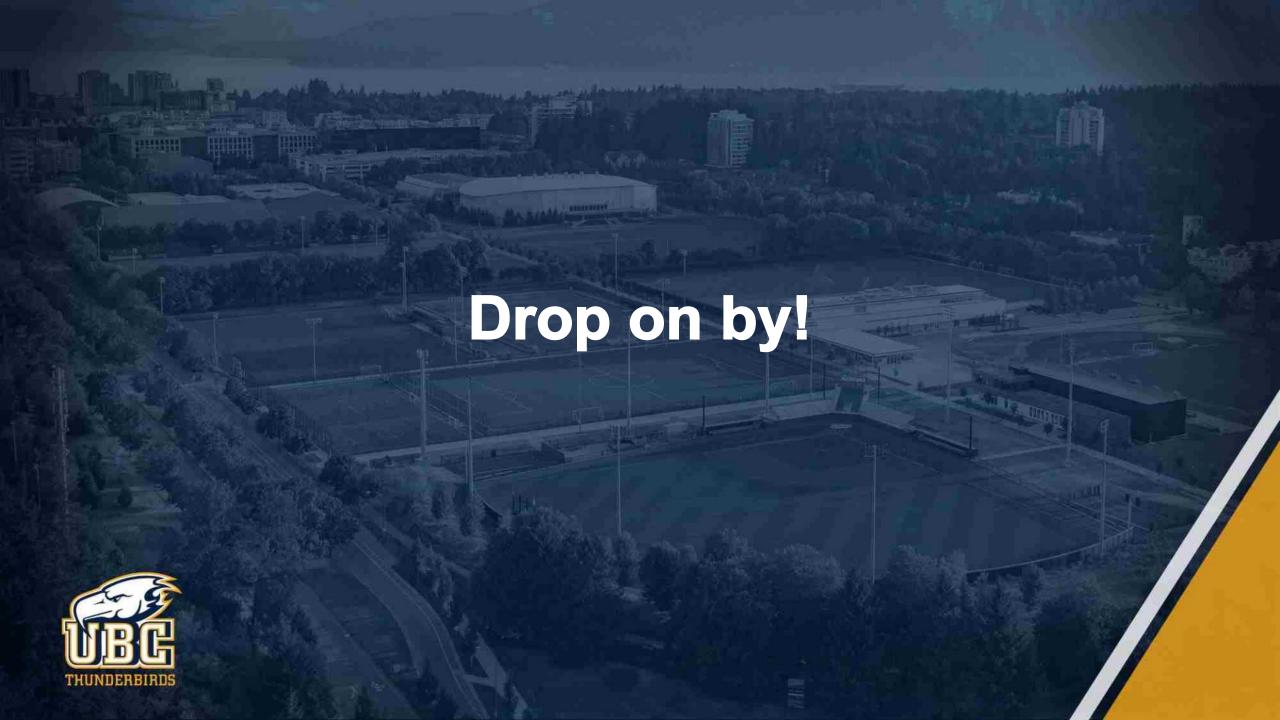
 Yes, it first debuted in the Tokyo 2020 Paralympics, however it has been contested internationally since the 1990s

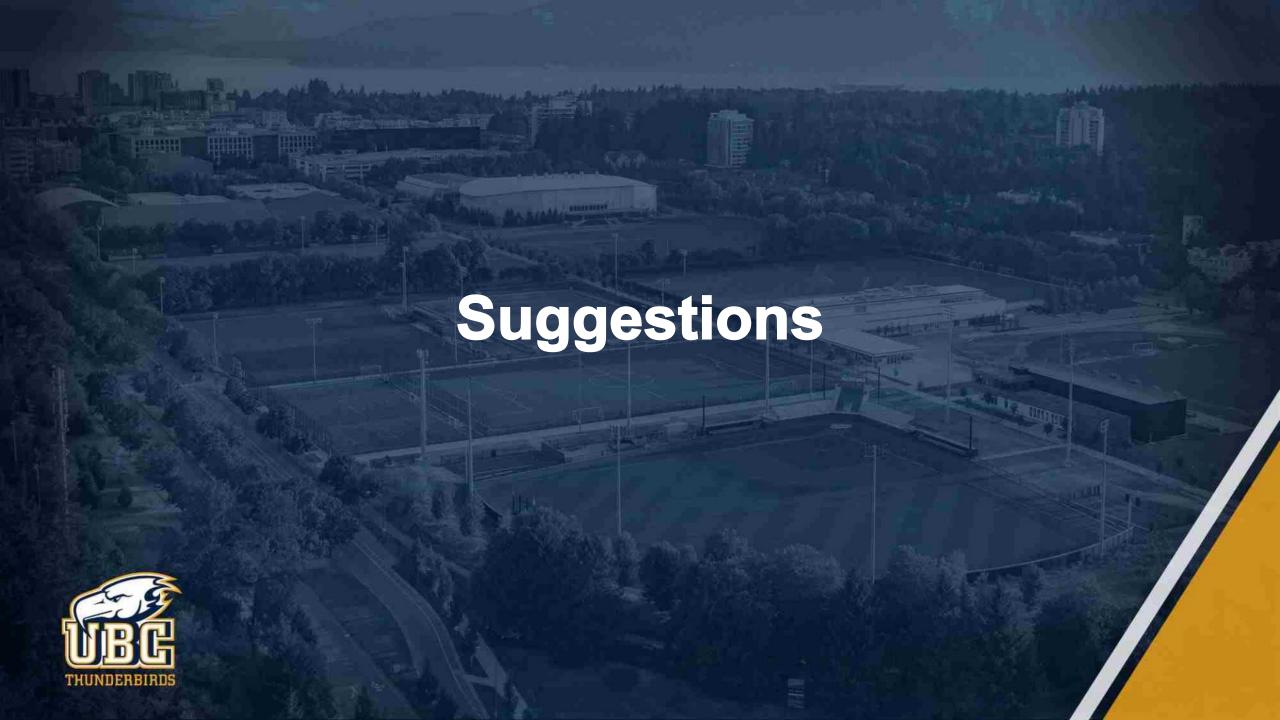


(Ota, 2020)









# Suggestions

## **Facility**

- Automatic doors for all entrances, doors to gymnasiums, and washrooms
- Option 1: The addition of a permanent boundary line at half court
- Option 2: Material to form a smaller court set-up available in the gymnasium

## **Program/Activity**

- Separate time slots for adaptive badminton or the reservation of minimum 1 court during certain hours
   to increase awareness and encourage the formation of a accessible para badminton community at UBC
- Larger and additional brightly coloured shuttlecocks available
- Larger faced and lighter racquets available
- Provide a list of skills, progressions, and challenges for individuals to work on who are new to badminton and may benefit from guidance



Ability & accessibility. UBC Recreation. (n.d.). Retrieved March 3, 2023, from <a href="https://recreation.ubc.ca/home/inclusive-rec/ability-and-accessibility/">https://recreation.ubc.ca/home/inclusive-rec/ability-and-accessibility/</a>

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UBC Recreation. *Screenshot of inclusion attendant form* [Digital Photograph] <a href="https://forms.recreation.ubc.ca/inclusion-attendant/">https://forms.recreation.ubc.ca/inclusion-attendant/</a>

UBC Recreation. *Screenshot of inclusive feedback form* [Digital Photograph] <a href="https://recreation.ubc.ca/home/inclusive-rec/inclusivity-accessibility-feedback-form/">https://recreation.ubc.ca/home/inclusive-rec/inclusivity-accessibility-feedback-form/</a>

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